



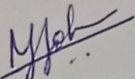
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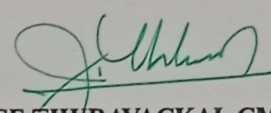
This is to certify that this project titled "MINDFULNESS AND SUBJECTIVE HAPPINESS AMONG YOUNG ADULTS" is an authentic record of research work carried out by Ms. AMINA SALIM, in partial fulfillment of requirements for the award of the degree of **Bachelor of Science in Psychology**, under my guidance and supervision, and that no part of this project has been presented previously for the award of any degree, diploma or fellowship of other similar title or recognition.


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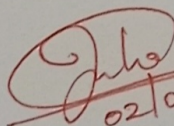


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External Examiner

JULIA MACKOLIL

Place: Vazhithala


02/05/2024

Date:



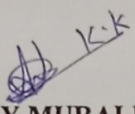
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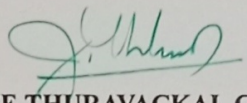
This is to certify that this project titled “**RELATIONSHIP BETWEEN SELF-COMPASSION AND EMOTIONAL REGULATION AMONG YOUNG ADULTS**” is an authentic record of research work carried out by **Amrutha Ebenson** in partial fulfilment of requirements for the award of the degree of **Bachelor of Science in Psychology**, under my guidance and supervision, and that no part of this project has been presented previously for the award of any degree, diploma or fellowship of other similar title or recognition.


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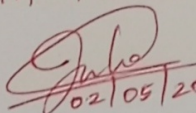


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External Examiner

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This is to certify that this project titled "CYBERCHONDRIA AND GENERAL MENTAL HEALTH AMONG YOUNG ADULTS" is an authentic record of research work carried out by Mr. Aromal M R in partial fulfillment of requirements for the award of the degree of Bachelor of Science in Psychology, under my guidance and supervision, and that no part of this project has been presented previously for the award of any degree, diploma or fellowship of other similar title or recognition.

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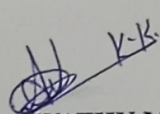
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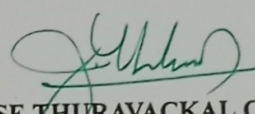
This is to certify that this project titled “**RELATIONSHIP BETWEEN SELF-COMPASSION AND EMOTIONAL REGULATION AMONG YOUNG ADULTS**” is an authentic record of research work carried out by **Hana Thaj** in partial fulfilment of requirements for the award of the degree of **Bachelor of Science in Psychology**, under my guidance and supervision, and that no part of this project has been presented previously for the award of any degree, diploma or fellowship of other similar title or recognition.


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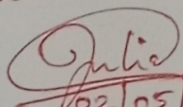


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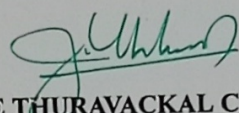
This is to certify that this project titled “**RELATIONSHIP BETWEEN SELF-COMPASSION AND EMOTIONAL REGULATION AMONG YOUNG ADULTS**” is an authentic record of research work carried out by **Haripriya Anil** in partial fulfilment of requirements for the award of the degree of **Bachelor of Science in Psychology**, under my guidance and supervision, and that no part of this project has been presented previously for the award of any degree, diploma or fellowship of other similar title or recognition.


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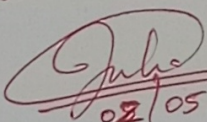
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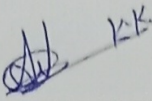
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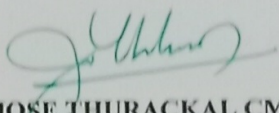
This is to certify that this project titled "RELATIONSHIP BETWEEN SELF-EFFICACY AND RESILIENCE AMONG YOUNG ADULTS" is an authentic record of research work carried out by **Jithin Joy** in partial fulfillment of requirements for the award of the degree of **Bachelor of Science in Psychology**, under my guidance and supervision, and that no part of this project has been presented previously for the award of any degree, diploma or fellowship of other similar title or recognition.


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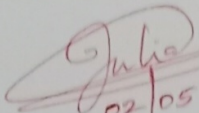


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This is to certify that this project titled "CYBERCHONDRIA AND GENERAL MENTAL HEALTH AMONG YOUNG ADULTS" is an authentic record of research work carried out by Ms..Laya Maria Royin partial fulfillment of requirements for the award of the degree of **Bachelor of Science in Psychology**, under my guidance and supervision, and that no part of this project has been presented previously for the award of any degree, diploma or fellowship of other similar title or recognition.

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This is to certify that this project titled "MINDFULNESS AND SUBJECTIVE HAPPINESS AMONG YOUNG ADULTS" is an authentic record of research work carried out by Ms. MEHA THAJ, in partial fulfillment of requirements for the award of the degree of Bachelor of Science in Psychology, under my guidance and supervision, and that no part of this project has been presented previously for the award of any degree, diploma or fellowship of other similar title or recognition.

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